

Segale

Mode of use

Segale	g.	1000
Water	g.	600
Fresh yeast	g.	30
Salt	g.	20

Knead until the dough is smooth and homogeneous (dough temperature 24°C).

Give it about 15 minutes to rest at room temperature.

Break up and form into loaves, flouring the closure well.

Place in leavening cell at 30°C R.H. 80% for about 60 minutes.

Bake with light steam at 225°C for about 40 minutes for pieces of about 300 grams with valves open the last 15 minutes.